



May 2023

Monthly Meal Planner

Schools	Monthly Meal Planner				
REVISED:					
4-10-2023	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1	2	3	4	5
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Burger w/ cheese Apple Fries Hamburger Bun [Vgtrn Patty w/ cheese]	Chicken Fingers Orange Green Beans Mini Cornbread Loaf [Vgtrn Sub Nuggets]	Breakfast Sausage Berries Potatoes WG Pancake(s) [Vgtrn Sausage]	Walking Taco w/ cheese Banana Shredded Lettuce Chips [Vgtrn Beans & Rice w/ cheese]	Tony's Cheese Pizza Mixed Fruit Carrots Pizza Crust [N/A]
Week 2	8	9	10	11	12
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Beef Hot Dog Apple Vgtrn Baked Beans Hot Dog Bun [Vgtrn Meatball Hoagie w/ cheese]	Breakfast Sausage Berries Potatoes Apple Cinnamon Texas Toast [Vgtrn Sausage]	"Our" Mac-N-Cheese Pears Garden Salad Bread Slice [N/A]	Chicken Nuggets Banana Corn Grahams [Vgtrn Sub Nuggets]	French Bread Cheese Pizza Melon Broccoli Pizza Crust [N/A]
Week 3	15	16	17	18	19
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Burger w/ cheese Apple Fries Hamburger Bun [Vgtrn Patty w/ cheese]	Mini Corn Dogs Orange Vgtrn Baked Beans Cornmeal Breading [Vgtrn Sub Nuggets]	Breaded Chicken Patty w/ cheese Peaches Cucumbers Hamburger Bun [Oven Baked Cheese Panini]	Breakfast Sausage Banana Potatoes WG Waffle [Vgtrn Sausage]	The Max Cheese Pizza Mixed Fruit Garden Salad Pizza Crust [N/A]
Week 4	22	23	24	25	26
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Beef Hot Dog Apple Vgtrn Baked Beans Hot Dog Bun [Vgtrn Meatball Hoagie w/ cheese]	Popcorn Chicken Orange Celery Roll [Vgtrn Sub Nuggets]	Breakfast Sausage Berries Potatoes WG Pancake(s) [Vgtrn Sausage]	Breaded Chicken Fries Banana Cucumber Slices Bread Slice [Oven Baked Cheese Panini]	French Bread Cheese Pizza Melon Garden Salad Pizza Crust [N/A]
Week 5	29	30	31		
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c eq Veg 3/4 - 1 c eq Grains 1 - 2 oz eq Vgtrn Option	Closed Memorial Day	Burger w/ cheese Apple Fries Hamburger Bun [Vgtrn Patty w/ cheese]	Sausage, Egg & Cheese Muffin Berries Potatoes English Muffin [Vgtrn Sausage, Egg & Cheese Muffin]		

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"This institution is an equal opportunity provider."

*Subject to change without notice during this pandemic reintegration into the "new normal" of available food supplies.